

How You Can Help

There are two chief roles that people and businesses in the community can take to help the Carolina Outreach Foundation in its goal to enable families and individuals to create their own success stories.

Primarily the Foundation seeks opportunities for teenagers and adults via internships, whether paid or unpaid, since these provide means for gaining traction in the work world. Businesses can benefit just as much as the teenager or adult who is gaining experience, and the relationship may blossom into a full-time hired position, to everyone's benefit.

Additionally, private individuals can help the Foundation by making donations of services and funds to further its several programs. Donations can be earmarked for particular programs, so your money can go to the program about which you feel most strongly.

Your assistance—in whatever form—is greatly appreciated!



Contact Us

For more information about our services, programs, or personnel, please visit our website at <http://www.carolinaoutreachfoundation.org>

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CAROLINA OUTREACH FOUNDATION



Helping children and families build their dreams

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The Carolina Outreach Foundation is a nonprofit organization based in Durham, NC, whose mission is to

Support the families of children, adolescents, and young adults with behavioral, emotional, and mental health disabilities by providing them opportunities for personal, social, and economic advancement.



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Principles

Central to the vision and origin of the Carolina Outreach Foundation is the work of its sister organization, Carolina Outreach, LLC, which provides mental health services to individuals and families in Durham, Orange, Chatham, Person, and Buncombe counties. As one of the premier mental health agencies in North Carolina, Carolina Outreach is an active provider of person-centered and client-driven services.



Primary among the Foundation's principles is the belief that we are all entitled to a part of the American Dream. The Foundation therefore focuses on those whose day-to-day adversities deny them that aspiration—and the means—to achieve such a dream.

The Foundation has developed a set of programs to further its mission. While it is the intent to have many of these programs become self-sustaining, it is our hope that we will be able to marshal the good will of the community to inspire individuals and businesses to participate in the Foundation's mission when additional resources are needed.

Programs

The Carolina Outreach Foundation programs are designed to fulfill its mission, providing youth and their families opportunities to advance and develop personally, academically, and socially.

Financial Assistance

- **Hurdle Help** assists families to avoid imminent crisis brought on by acute financial stress, by conferring one-time financial grants to fulfill basic needs when all other community funding sources have been exhausted. These needs include eviction prevention, restoration of utilities, medication costs, and used furniture and clothing.
- **Youth Development** sponsors the participation of youth and their families in recreational and educational community programs, in areas such as art, dance, sports, tutoring, and summer camp.

Vocational Internships

matches youth with local businesses to learn specific trades or areas of industry. Internship placements thus far have included sports medicine at UNC Campus Health Center, event hosting at Extraordinary Ventures, food preparation at Broad Street Café, and instrument sales at The Music Loft, among others.



Carolina Visions Music

matches youth with professional musicians for weekly music lessons at reduced cost, using donated instruments.

Teaming for Technology

receives refurbished computers from United Way at subsidized cost and distributes them to clients and families.

Independent Living Housing

provides short-term housing to young adults who are homeless or transitioning out of group homes or foster care. Participants pay nominal rent to start, which is augmented monthly, and they are expected to secure either education and/or employment during their stay.

The Dream Project

sets long-term goals of community revitalization and reinvestment by rehabilitating older homes in economically depressed neighborhoods of Durham. Youth receive training from home repair professionals in trades such as plastering, dry-walling, painting, floor refinishing, and window repair.

Independent Living Housing program participants are currently residing in these renovated homes, but over time, with the rehabilitation of more homes, they will be sold to lower-income families through a home-buyer program.